

## **The Top 6 Hiding Places for Genius You Are More Brilliant Than You Think**

### **#1**

#### **IQ is too limited**

What do you think of when you hear the word “genius?” If you associate it with a person that has a high IQ or superior intelligence, then you’re not alone. In a recent survey we conducted, an overwhelming 70% of participants agreed with this common perception. Unfortunately, many people also believe that “genius” is something that is unobtainable for them. Well, we’re here to let you know that this not the case. Using our extensive research and experience, we have developed a groundbreaking system that can help anyone discover the genius that has been hiding inside them all along!

Howard Gardner wrote a book titled "Multiple Intelligences." In it he describes the following seven areas for genius development:

1. Logical-mathematical
2. Linguistic
3. Musical
4. Kinesthetic
5. Spatial
6. Inter-personal
7. Intra-personal

Surprisingly, only the first two of the seven items listed are emphasized in our educational system. We spend twelve plus years in school and are taught to focus only on the logical-mathematical and linguistic areas. Sure, it is true that some people have an ear for music and can learn without much difficulty. Others are in tune with the universe and just seem to know the right thing to say at the right moment. Still others perform well, at higher levels. Some individuals naturally have the ability to do a specific task by watching someone else do it. But the big question remains: Can we recognize and then develop the other aspects of our intelligence, even though they we weren't taught how to in school? Even though we don't seem to have the natural talent? The Answer Is Yes! Read on and we'll show you how.

Here is a typical scenario that illustrates our point.... There is a child named Tom. He does okay at school. He does his homework and knows that if he studies he will receive a C grade; and if he studies long and hard he can accomplish a B. However, Tom is frustrated because with all his effort he should be making A's, but is stuck at getting C's. Tom admires his friends that work less than he does in school and who get A's anyway. Inadvertently, Tom decides he is not smart and decides that he will just have to endure it through life. He's fickle trying to make a career choice; he doesn't aim too high. He lacks challenge. He makes poor decisions where personal relationships are concerned. He doesn't

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want to settle but at the same time he's afraid to think "BIG." He endures. He compromises his entire worth based on undeveloped genius, false beliefs, and inaccurate assumptions. Tom lacks a model that will help him develop his genius.

What is Tom lacking? He has special talent, but it is not recognized. He may be a leader or have great talent in social aspects and not know it. All of Tom's answers lay within. He only needs coaching to uncover them, but Tom is stuck and he has not even finished his education, let alone lived his life. His challenges are thwarted. His victories seem empty.

Many people have tendencies like Tom. They work hard but don't seem to make the grade. Their genius is "hidden." They have not been challenged in a productive way, or—and this is another sad example—they accomplished something important or meaningful but dismissed it as "luck," then, falling back to the "I'm not very smart" mode. Lacking a coach they just seem to have taken the feat for "granted" without seeing that they did something special.

**I want to uncover my hidden intelligence!**

### **# 2 Blocked Emotions**

Expressing emotions is an absolute necessity! Studies indicate that the brain does not develop properly for learning if a person's emotions are blocked or underdeveloped. However, early lessons at home and in school are contrary to this. We are told: "It's childish to show your emotions," or "Only weak people express their feelings." Another misleading piece of advice is "You need to stay objective to be clear and effective."

It's remarkable that most individuals who are genius are disconnected from their feelings to the point of being numb. To make matters worse the body goes into "survivor" mode, and it overproduces adrenaline, which in turn causes the creative parts of the brain to shut down. The vicious cycle sets up. Adrenaline suppresses the ability to learn and develop. Other chemicals not conducive to growth are triggered. If the cycle continues, and emotions are not expressed, it creates self-doubt and a feeling of low self-worth. However, the necessity to express emotions is still essential for prodigy. We need to accomplish this task.

One of the most important aspects of genius is the ability of a person to be curious and to explore new territory. But being in a survival state doesn't permit a person to do so. Another important aspect of genius is our self-perception of being valuable. If there is a lack of self-value, a person may not feel important

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enough to pursue their genius, let alone express it. As difficult as it may sound we need to get past the inner critic that tries to defeat us before we even start.

Another essential aspect of genius is curiosity. We need it to explore new territory and to learn new things. (However, the "survival mode" is not a friend of genius.) Another essential for genius development is self-perception and self-value. Genius people, often times do not believe they are valuable enough to pursue important goals and projects; let alone believe that they are indeed "genius"

Look at the chart below. Study it. This is a list of feeling words that are taken from the "Feeling Inventory" provided by the Alliance for Nonviolent Communication.

Affectionate	Fulfilled	Afraid	Hurt
Alive	Happy	Anxious	Impatient
Alert	Intrigued	Bitter	Indifferent
Amused	Pleased	Bored	Irritable
Astonished	Proud	Confused	Mistrustful
Awed	Quiet	Detached	Mystified
Calm	Rested	Disappointed	Nervous
Carefree	Revived	Disconnected	Regretful
Delighted	Surprised	Disgusted	Restless
Eager	Tender	Embarrassed	Stressed Out
Enchanted	Thankful	Envious	Tired
Expectant	Trusting	Grief	Uncomfortable
Fascinated	Warm	Guilty	Worried

What feelings do you have most often? How well do you express these feelings? Are you able to share them with family, friends, and colleagues? Which feelings are more familiar to you? The ones in the first and second columns, or are they feelings from the third and fourth columns?

It's easy for you to see that folks experience the first and second column feelings when they are expressing themselves well, and getting their needs met. Columns 3 and 4 are emotional states that people have when they are in "survivor mode," which limits you to false perceptions and locks your true genius away.

After this self-evaluation, ask yourself how much of your genius is still lying dormant and ready to appear? Can you imagine the amount of genius in you that is there and waiting for you to give it a voice?

**I want to express my emotions, feel confident and develop my genius freely!**

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### **# 3 Lack of Movement**

Most people believe that the brain is responsible for the intelligence level of the individual. So-called "nerds," often have a reputation for being clumsy and not physically active. But is this really true? Just take a look at some of today's proclaimed geniuses. Aside from being highly intelligent, they are also physically fit.

In fact, research shows that effective learning requires body movement and action. When we combine movement/physical action with learning, we absorb things on a deeper level as our neural pathways and cells are conditioned by this learning. Thus, movement is necessary for the adequate integration of new learning.

Raising children is challenging, especially when the child reaches the "terrible two's." That's when he (she) seems to be in constant motion. They are defiant and capable of wearing the parent out. They test the parents and take them to the limits. However, that changes when the child goes to school. He is conditioned to "obey" and to "sit still," to "behave" and are reprimanded if this is not done.

To illustrate how much your body needs movement to perform at its peak, do the following exercise:

Read an article aloud from your favorite magazine while standing up. Notice the movements your body makes while reading. Some people may slowly pace; some shift their weight from leg to leg; others will move their head or stretch their neck. What else do you notice?

While sitting still to read the same article, many people have difficulty comprehending the content to the best of their abilities. On the other hand, when individuals move freely while reading, they do so without getting hung-up and they comprehend the content much better.

Because of our current life styles, we have become a generation of "sitters." Even our advanced technologies of today require that we sit for long periods of inactivity. Our genius is "lost" because of this. It's sad but we continue this lack of movement throughout life, not knowing that it is unnatural and that it obstructs our genius development.

Our program will teach you dynamic and innovative ways to identify and develop your genius, even in spite of early conditioning and mal-imprinting. You will be

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amazed at the way your life immediately starts to change for the better, as you move forward in your business concerns, and your private relationship's area.

**I want to learn the sophisticated movements that will train my brain and genius!**

### **# 4 Stress**

It's no secret that in today's world people are more stressed out than ever! A survey of family physicians indicate that 70% of GPs identify work, or lack of it, as a significant cause of stress. Financial and marital difficulties are also major stress factors. Stress is not only harmful to people's work and home life, it can even threaten marriages. Excessive stress is also responsible for lack of learning and development.

Human development is necessary from cradle to grave; it has no regard for our age. However, people stay in jobs that quickly grow redundant, and soon this daily routine becomes drudgery. Stress takes its toll, and boredom and even depression can set in.

Daily routines may keep one busy, but there is an underlying feeling that something is missing. Even folks that do not have to work a 9-to-5 job experience this stress. Again . . . the brain is kept "busy" and the person is stressed. This type of stress and the lack of personal development and self-care can produce tension headaches, skin disease, heart attacks and even death; not to mention anxiety and depressive disorders, and other mental health issues. In older individuals, disorders such as senility and Alzheimer's disease are common magnifications of stress. However, stress in moderate amounts only is actually healthy and necessary.

There is another component of individual development and stress that is shown here.... When individuals break free from a stressful situation they often times start a new job or a relationship. It appears that the viscous cycle is broken. Things go well. The ability to concentrate is there, creative ideas seem to flow easily for once. Things are looking up, but then, just like with other events in the person's life, when a challenge is mastered things start going back to business as usual. One may find themselves daydreaming, distracted and unable to concentrate for long periods of time. Sadly, the cycle returns.

The effects are similar to when the body goes in "survivor" mode. It suppresses learning because it produces too much adrenaline, which in turn causes the creative part of the brain to shutdown. Problems proceed from there. Luckily, our

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program can teach you how to create structures and opportunities in your life that guarantees your genius development and unlimited personal growth.

**I want to create structures in my life that ensure my personal learning and growth!**

### **# 5**

#### **Weaknesses are too important**

Small children are allowed to make mistakes. When learning to walk, for example, a toddler can fall down one hundred times and we encourage him to get up one hundred and one times. Things change though when we go to school; especially when we take tests. Remember the papers you'd get back all marked up with a red pen? The remarks the teacher made focused on all the things you did wrong, and our weaknesses were exposed.

In school, we were on an agenda. We had a measured amount of time to learn the material. If you did not understand it there was no one there to help you. Therefore, we would study at home trying to learn so we wouldn't be "stupid," as we compared ourselves to others. *(By the way, we constantly do ourselves a disservice when we compare ourselves to others. We are our own worst critic.)*

Our school system is flawed. Teachers are trained to focus on what students do wrong instead of what they do right, which focuses on the students' weaknesses and not their strengths! A student's self confidence would be greater, they would be able to choose a career and form relationships much better, if the system was revamped.

Another important study was taken by Markus Buckingham and Donald Clifton. It revealed amazing results that was taken from the Gallup Institute. It polled 198,000 employees in 7,939 businesses that worked within 39 different companies. The disturbing results showed that:

"Globally, only 20 percent of employees working in the large organizations we surveyed feel that their strengths are in play every day. Most bizarre of all, the longer an employee stays with an organization and the higher he climbs the traditional career ladder, the less likely he is to strongly agree that he is playing to his strengths."

Just by this factor alone, that organizations operate at 20% of capacity does not account for "genius" that is lost because of other reasons. Our revolutionary program will teach you how to build on your strengths and not your weaknesses!

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The industrial revolution, for example, helped the western world make huge gains from poverty to prosperity. However, the flawed school question remains: if schools would take the lead and teach us how to live richly from our genius, the world would be a better place to live.

It's now time for you to take the first step in reversing the false way of think you acquired in school. Join our program and claim your genius.

**Yes, I want to claim my own genius!**

### **# 6 Lack of Challenge**

The last of the most common ways people deny their genius is the lack of being challenged in the right way. For example, every day we are presented with challenges. We get the children off to school; we hold a job; run a household; prepare meals, do the budget and so forth, as the responsibilities warrant. However, these are not the challenges we speak of here. We are talking about the human being that needs challenge for personal growth and development.

This is the type of challenge that takes us to a new level of prosperity, happiness and productivity. A level that enables us to form better relationships, choose a career that gives us rich rewards (including the part where you make more money) and teaches us to accomplish goals much easier. Our coaching can take you to a newfound freedom where you can take proper care of yourself, and express the uniqueness that you possess. We can teach you how to work SMARTER, not harder.

While the current school system focuses on our weakness, it also focuses on fixing the weakness. The government spends a staggering 143 times more money on special education but is lacking on programs for "gifted" individuals. It is hard to believe, but it is true! Just take a close look and you too will see. One client told us that she was "sent home" because she was too smart and the teachers didn't know "what to do with her." Another client "dropped out" because her grades were always an "F." There are numerous similar stories in the book, "Genius Denied," that Jan and Bob Davidson wrote.

This just further proves the point that the system is flawed. During school days if we caught on to what was being taught in a classroom, really fast, we still had to sit through the rest of the class. Boring! There wasn't much room for innovative studies. We are not challenged the right way in school so how can we hope to find the right challenges for us so we can live a happy and productive life?

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It's a commonly held fact that when the possibility of doing something new presents itself as a challenge, one that calls our genius to task, often times we become fearful and decline. (That old "survivor mode" sets up. The adrenaline kicks in and we are ready for flight or fight.) The challenge is read as a threat, and we miss our chance to shine. Instead, we decline the opportunity because we automatically think that we will fail. It's sad that we can't always answer the call of our genius.....until NOW!

A challenge that goes beyond our daily chores and challenges our strengths and genius abilities is music to our nervous system. It allows us to display a brilliance that we haven't known of ourselves. It's a brilliance that brings out our genius and allows us to experience the full potential of our lives.

**I finally want to find the right challenge for me!**